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10862 West Dodge Rd, Omaha, NE 68154 402-671-0396 [www.finesseomaha.com](http://www.finesseomaha.com)

## **IMPORTANT INFORMATION FOLLOWING BOTULINUM TOXIN TYPE A TREATMENT**

### **Botox, Dysport, Jeveau**

1. Do not massage the treated area at all. If the area is washed, pat dry very gently with a soft towel. Do not rub the treated area for 48 hours.
2. Do not bend excessively or lie down for at least 4 hours.
3. Do not schedule and brow waxes, facials, lash extensions, massages or even chiropractor appointments if your face is put in a cradle for 48 hours.
4. Avoid any exercise for 4 hours post treatment.
5. Botulinum Toxin takes from 2 to 14 days to become effective. This is dependent on the strength of the muscles injected and the individual response.
6. If the degree of muscle relaxation is not as you would wish (for example: peaky eyebrows, more elevation on one side versus the other) please contact your practitioner. This often can be remedied by adding a couple units
7. Finally, treatment with Botulinum Toxin is temporary and to maintain the effects, treatment is recommended every 3 to 6 months. There is a natural tendency for the muscles treated to start "waking up" around 2 ½ months with full motion returning around 4 months. It is typically advisable to make a follow up appt in 3 months.
8. If you had lines etched in the skin prior to your treatment it is possible that these lines will not be completely erased with one treatment of a neurotoxin. There are other services or products that may have been recommended to help get optimal results from your treatment.
9. Remember every individuals result will be different. The number of units used or longevity may be different from person to person. We strive to give you customized treatments. If your results are not as expected please contact your provider.